

# B-Vital<sup>®</sup> totale

## EFFERVESCENT TABLETS

Food supplement

GLUTEN  
FREE

### Vitamin B complex with Calcium-L-5-Methylfolate (5-MTHF)

20 effervescent tablets with sweeteners

**Ingredienti:** acid: citric acid; acidity regulators: sodium bicarbonate, sodium carbonate anhydrous; sweeteners: sorbitol, acesulfame K, sucralose; flavour; inositol; riboflavin 5-phosphate sodium (vitamin B2); thiamin hydrochloride (vitamin B1); D-pantothenate calcium (pantothenic acid); maltodextrin; L-leucine; pyridoxine hydrochloride (vitamin B6); cyanocobalamin (vitamin B12); calcium -L- methylfolate (folate).

**Packaging and content:** box containing 20 effervescent tablets in 2 tubes of 10 tablets each.

**B-VITAL<sup>®</sup> totale** is based on multivitamin formulation that includes B vitamins in balanced doses and, in particular, contains the recommended daily intake levels of active folate (5-MTHF) for pregnant women. Folate or Vitamin B9 contributes to the growth of maternal tissues during pregnancy and to normal blood formation, vitamin B12 contributes to normal formation of red blood cells, and together with vitamin B6, supports the homocysteine metabolism. Vitamins B1, B2, B6 and B12, contribute to normal energy-yielding metabolism.

**Recommended dose:** 1 tablet per day to dissolve in a glass of water (200 ml)

**Warning:** do not exceed the recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children under three years old.

**Storage conditions:** store at a temperature not above 25° C; avoid exposure to localized heat sources, sunlight and contact with water. The date of minimum durability refers to the product properly stored in unopened package.

Produced and packaged in the plant of Via Berlino 39, Zingonia-Verdellino (BG)  
on behalf of

**Pharma Line S.r.l.**

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**[www.pharmaline.org](http://www.pharmaline.org)**

INTERNATIONAL LEAFLET B-VITAL TOTALE<sup>®</sup> EFFERVESCENT TABLETS  
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