

# GINESTRA

PHARMALINE

Lactobacillus acidophilus  
lactic acid - soy isoflavone aglycones

14 vaginal tablets  
single use medical device



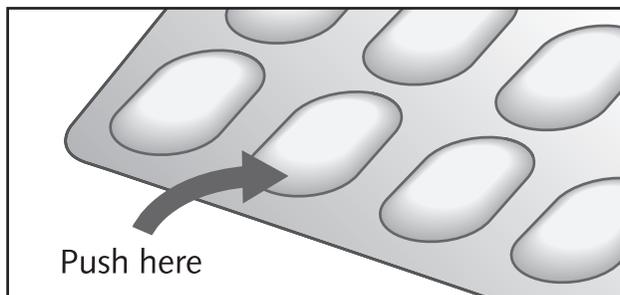
## Ingredients:

one vaginal tablet contains Lactobacillus acidophilus 500.000.000 CFU (\*), lactic acid (at 60%) 15 mg, soya bean (Glycine max, seeds) standardised dry extract to 40% in isoflavones in the aglycone form 18 mg. Excipients: mannitol, starch, E468, glyceryl behenate, silicon dioxide.

(\* ) CFU: Colony-Forming Unit

## Description of the device and method of use:

**GINESTRA** is a single use device in the form of vaginal tablet. Each tablet must be used only once and immediately after removing it from the blister. Pay particular attention when removing the tablet from the blister: apply gentle pressure to the end of the blister bubble, without pressing on the centre, to avoid the tablet breaking. Alternatively, score the aluminium on the back of the blister and open it from that side to remove the tablet. The entire tablet must be inserted all the way into the vagina, to help it dissolve fully and quickly.



## Safety and preliminary checks before use:

keep **GINESTRA** out of the reach of children. The tablets should not be swallowed. Do not use **GINESTRA** if the original blister is not perfectly intact, or if the tablets show colour changes or are particularly brittle. These alterations could be due to improper or incorrect storage or to premature degradation. A slight pitting is a sign of the natural characteristics of **GINESTRA** and is due to the natural colour of Lactobacillus acidophilus. Do not use **GINESTRA** after the expiry date printed on the packaging.

**Intended use:**

**GINESTRA** is a medical device in the form of vaginal tablets to be used in all cases of temporary alteration of the balance of the uro-vaginal ecosystem. In normal conditions, the vaginal ecosystem is inhabited by lactobacilli which maintain the local pH to values of 4-4.5 through the production of lactic acid. The acidity of the vaginal environment is an important and effective natural protection against bacterial infections. However, conditions which alter the vaginal ecosystem and acidity can frequently occur. In these cases, there is a high risk of bacterial infections, associated with burning and itching, and increased vaginal discharge (leucorrhoea).

**How GINESTRA works:**

One tablet of **GINESTRA** contains Lactobacillus acidophilus La-14, lactic acid and soy isoflavone aglycones, and it is formulated to dissolve a few minutes after being inserted, releasing its active ingredients. The ingredients of **GINESTRA** help acidify the vaginal environment by lowering the pH to values of 4-4.5 to counter attacks and growth of pathogenic microorganisms, improving the health and elasticity of the vaginal walls.

**Treatment period:**

one tablet of **GINESTRA** during the evening before going to bed, for 14 days of treatment. Begin treatment one week before the monthly cycle, or immediately afterwards. Do not extend the treatment beyond 20 days without first consulting your gynaecologist.

**Warnings:**

do not use **GINESTRA** together with other devices or drugs for vaginal use without consulting your gynaecologist. The product is not for use below 14 years of age. **GINESTRA** has not demonstrated any local irritation, but if you experience hypersensitivity to the product, consult your doctor immediately. Occasionally, especially in the first days of treatment, itching can appear; however, it tends to disappear in 2-3 days.

**Shelflife and storage:**

**GINESTRA** should not be used after the expiry date printed on the packaging, and should be stored at temperatures not exceeding 25°C. Avoid exposure to localised heat sources, and direct sunlight. Also avoid contact with water.



Pharma Line S.r.l - Via Bertani 2, 20154 Milan, Italy



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