

FOOD SUPPLEMENT

# Alphadefend®

TABLETS



**Vitamins C, D, A, B2, B6, B12, E and Folic acid  
with Copper, Magnesium, Selenium and Zinc**

GLUTEN FREE

**30 tablets**

**Ingredients:** bulking agent: cellulose; Magnesium oxide, Vitamin C (L- ascorbic acid), Zinc gluconate, Vitamin E (DL-alpha-tocopheryl acetate ); anti-caking agents: mono and diglycerides of fatty acids, silicon dioxide; Selenium methionine, Vitamin D3 (cholecalciferol), Copper gluconate, Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin A ( retinyl acetate), Folic acid (pteroylmonoglutamic acid), Vitamin B12 (cyanocobalamin).

**Packaging and content:** box with 2 blisters of 15 tablets of 1 g each

**Category:** food supplement

**Alphadefend®** is based on Vitamins C, D, A, B2, B6, B12, E and Folic acid with Copper, Magnesium, Selenium and Zinc. The Vitamins C, D, A, B2, B6, B12, Folic acid, Copper, Zinc and Selenium contribute to the normal function of the immune system. The Vitamins C, B6, B12 contribute to normal energy-yielding metabolism, to the functioning of the nervous system, to the normal psychological function and, together with Magnesium, are useful to tiredness and fatigue reduction. The Vitamins B2, E, Copper, Selenium and Zinc contribute to the protection of cells from oxidative stress.

**Recommended dose:** 1-2 tablets per day

**Warnings:** do not exceed the recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children under three years old.

**Storage conditions:** Store at controlled room temperature (not higher than 25 ° C); avoid exposure to localized heat sources, direct sunlight and contact with water. The expiry date refers to the product unopened, properly stored.

Produced and packaged in the plant of Contrada Canne Masche SNC Z.I. 2° fase 90018 Termini Imerese (PA) – Italy on behalf of **Pharma Line S.r.l.** – Via Bertani 2, 20154 Milan, Italy

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